

PROTECT YOURSELF and **OTHERS** this flu season

FIGHT

FLU

ABBHEY & CABRI
Flu Clinics 2019/20

Location

Oct 23	Abbey Legion Hall— 116 Wayne St, Abbey	10:00am— 1:00pm
Nov 6	Cabri Seniors Centre— 103 1st St. N, Cabri	10:00am— 3:00pm

- ▶ The flu vaccine is a safe, effective way to help people stay healthy, prevent illness and save lives.
- ▶ The vaccine is offered through public health clinics across the province, some physician and nurse practitioner offices and in local pharmacies. The shot is available at no charge to people with a valid Saskatchewan Health Card.
- ▶ Anyone six months and older can receive the flu vaccine and is encouraged to get vaccinated early in the season. Children 0-5 years must be vaccinated at a public health clinic.

For more information visit www.4flu.ca or by calling HealthLine 811.



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